

# Marina Baixa Newsletter

July 2021  
Issue: 143



THE UNIVERSITY OF THE THIRD AGE

**Today's guest speaker**  
**Joan Flint**  
**The small villages in**  
**Marina Baixa**



**This month's general meeting is on Monday 26th July**  
**at the Casa del Cultura in Alfaz del Pi**  
**Doors open 10am meeting starts at 11am**  
**new members are always welcome.**

## President's report

Hello all.

Summer is really here, this is the time when a lot of us travel back to the UK for their summer (cooler and wetter) but with the restrictions in the UK, self-isolation and covid tests I imagine that travel plans are still up in the air.

John and I are going back to the UK at the end of the month hopefully if only to clear my mother's house but won't be visiting too many places and certainly will maintain our mask wearing.

Unfortunately, I am currently suffering with Critical Hypertension, (seriously high blood pressure) which hospitalized me last weekend so regretfully I will not be at the monthly meeting this week and therefore will miss Joan's talk which I was looking forward to. So, I hope you all enjoy it.

Have a good summer everybody. *Ruth Morris*



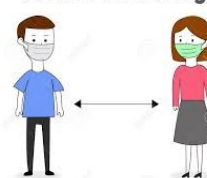
## Newsletter What's app group.

With Wi-Fi or mobile data enabled hold your phone camera over the QR image to the left and join the U3A newsletter what's app group.

See Terry for assistance.

**Please remember we have the use of the auditorium at the Casa de Cultura for free please do not congregate in the foyer area before the meeting in order for us to comply with covid distancing procedures. Please take a seat inside.**

Social Distancing



**MEETING**  
**REMINDER**

**Note: our next general meeting**  
**will be on Monday the 27th September**  
**At the Casa del Cultura in Alfaz del Pi.**  
**We do not meet in August.**

## Contents.

Cover Page: President's report.

Information for today.

Page 2: Wine & Dine, Xorta.

Page 3: Travel.

Page 4: Group Activities and  
Information, HMC.



**Today - 1pm for 1.30pm**  
**Lunch**

**Miguel's Restaurant**

Carrer Bolulla 4

La Nucia

Cost: 12€ per person.



Please indicate to **Hazel Layt**  
on arrival at the meeting

If you will be joining us for lunch.

**Today.**

**I protect you;**



**you protect me.**  
**wear a mask.**



**REMEMBER WHEN PAYING FOR TRIPS OR WINE AND DINE HAVE THE CORRECT MONEY IN A SEALED ENVELOPE CLEARLY MARKED WITH YOUR NAME(S) AND MEMBERSHIP NUMBER(S).**

### Temporary VAT changes to Electricity bills.

The Spanish government has reduced the Vat charged on electricity consumption to 10% until the end of this year. This came into effect on the 1st of July and has been done to reduce the burden on families caused by the recent increase in tariffs during the pandemic. Many other European countries have made this a permanent reduction with some countries reducing it to as little as 5%. So far Spain seems to reluctant to do this but they will come under some pressure from the (EU) European Union in due course.

As things currently stand Vat on electricity will revert back to the normal rate of 21% in January 2022. Here in Spain.

### Xorta restaurant Guadalest.

29 members from the U3A Marina Baixa had an enjoyable meal at Xorta Restaurant Guadalest on Friday the 9th July. Another very well organised and supported event with fabulous food and excellent service well done Hazel Layt.



### **REMINDER**

**Please be mindful that when you are on any organised trip with the U3A you must wear a mask at all times on any form of public transport.**

**This includes any coaches that we hire.**

**This is currently a legal obligation.**

### **Wine and Dine Leonardo Restaurant Albir**



On Friday 6th August 1pm for 1.30pm  
Starters:

Pate and Toast  
Greek Salad with Feta Cheese  
Crab Salad  
Tomato Soup.

Main Course.

Hake Fillet  
Wiener schnitzel (Pork)  
Hawaiian Chicken with Pineapple and Cheese  
Chicken with a pepper sauce  
or Beef Stew.

Vanilla Ice Cream with Chocolate sauce  
Lemon Ice with limoncello liqueur  
Apple Crumble.  
Coffee or tea,

Half a bottle of wine, beer, or soft drink

**Only 16 euro pp gratuity included.**

**Bookings now being taken  
reserve your place today.**



### **Godoy's Albir**

Friday 17th September, 2021 at 1pm for 1.30

Vegetable Soup  
Melon and Ham  
Mixed Salad with tuna.

-----

Salmon with cream sauce.  
Pork fillet with Pepper sauce  
Lamb Goulash

-----

Dessert or coffee  
Half bottle of wine, beer or soft drink.  
17 euro including gratuity.



# Travel

## VALENCIA FALLAS

Date: Friday 3<sup>rd</sup> September 2021 Cost: 16€ Last chance to book at this general meeting. This is a coach trip to the Old Town of Valencia. The coach will take us to a designated parking area for the Fallas Festival. The Fallas will be cremated on Sunday 5<sup>th</sup> September. It will not be possible for the coach to drive anyone to another area in Valencia due to restrictions imposed during this Festival. **This meeting is the last chance to book this trip.**



## BARCELONA

4 nights in November for only **319€** Dates: Monday 8<sup>th</sup> to Friday 12<sup>th</sup> November 2021 Cost: 319€ per person in Double Room 434€ per Single Room this price includes LPD travel and cancellation insurance. Hotel: 4 \*\*\*\* Gran Hotel Barcino, on a Bed and Breakfast basis. Address: Carrer de Jaume 1, No.6 The hotel is situated in the Gothic Quarter near the Cathedral. See map.

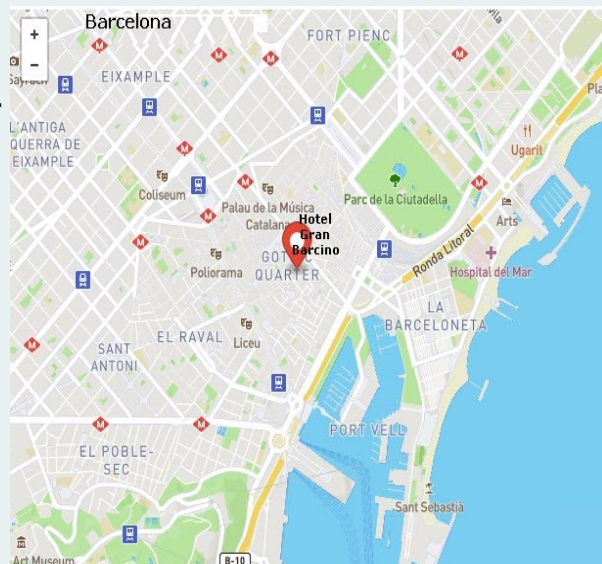
**MONDAY.** The coach will depart from Albir Market Car Park at 8 am. During the journey we will have regular stops for toilet, coffee and one stop for lunch.

**TUESDAY:** After breakfast we will visit the Bodega Codorniu., which is the largest Cava producer in Spain. This family of wine growers dates back to the 16<sup>th</sup> Century and is the oldest family company in Spain.

**WEDNESDAY AND THURSDAY:** You will have free time to spend as you wish. It could be possible to purchase tickets for various museums etc in Barcelona. This would avoid wasting time in queues on the day. Please let us know if you would want us to do this in advance.

**FRIDAY:** After breakfast we will leave the hotel at 10 a.m. Travelling to Tarragona where we will visit the city with an English speaking guide. Tarragona preserves many remnants of its Roman past including an amphitheatre. At 3.30p.m. We will leave Tarragona to travel to Albir with stops on route.

PLEASE PAY DEPOSIT 50€ AS SOON AS POSSIBLE, EITHER AT THE MEETING TODAY OR DIRECT TO LPD TRAVEL. Balance to be paid to LPD Travel by Wednesday 29<sup>th</sup> September.



## PEÑISCOLA CHRISTMAS SPECIAL

Dates: 23<sup>rd</sup> to 27<sup>th</sup> December 2021. 4 nights

Cost: 347€ pp in a double room 447€ per single room



This price does NOT include any tips for coach driver or hotel staff. It DOES include LPD's Travel and Cancellation Insurance. Hotel: Peñíscola Plaza Suites 4 \*\*\*\* Superior located on the seafront. The price includes full board with drinks up to 10 p.m. There will be entertainment every evening. GALA DINNERS on Christmas Eve and Christmas Day are also included.

This promises to be a lovely relaxing Christmas Break! Bookings with 50€ deposit are now being taken or add your name to the interested list.



## EXTREMADURA 2022 – 6 days

Dates: Monday 21<sup>st</sup> March to Saturday 26<sup>th</sup> March Cost: 431€ pp in double room 551€ per single room. Hotel: 3 \*\*\* in Caceres. Full board with wine and water during meals. All excursions from hotel include an English speaking guide. Some lunches will be in local restaurants. Also included are some entrance tickets. Deposit 50€ to be paid in September, balance before end of January 2022.

### INFORMATION FOR BOOKINGS AND PAYMENTS

Travel email: u3amhamer@gmail.com

Mobile: Malcolm 604 537 275 or Margaret 602 293 642 Tel: LPD Travel 966 86 84 77

Please note bookings for all these trips will also be taken on Tuesday the 27<sup>th</sup> July at El Patio in Albir between 2-4 pm if you are unable to attend this month's general meeting.

<b>3C's Chaps Chatter &amp; Coffee</b>  <b>Weekly - Thursdays</b> M. Godoy's Restaurant Albir 11.00 am Contact: Geoff Mitchell 96 686 4962	<b>HMC</b>  <b>Monthly -</b> Every 3 <sup>rd</sup> Tuesday of each month next meeting 17 <sup>th</sup> August Time 7pm Contact: Peter Rissing 687 601 036	<b>Café Philo</b>  <b>Monthly -</b> 10.00 am to 11.30 am Suspended until further notice. The Forum, Alfaz del Pi Contact: Kate Ferry 96 584 5039	<b>Classical Music</b>  <b>Monthly - (Oct to Apr)</b> <b>2nd Wednesday</b> Cancelled until further notice 10.30 am to 12.30 pm. Geoff Mitchell's home, Albir Contact: Geoff Mitchell 96 686 4962	<b>Crafts</b>  <b>Weekly - Thursdays</b> Albir Social Centre 12.30 pm - 3.00 pm Contact: Hazel Layt 659 018 400
<b>Guitar Lessons</b>  <b>Weekly - Wednesdays</b> Next Door to Isa Rastro, N-332, Albir 4.00 pm Suspended until further notice. Contact: Peter Ritson 96 687 5282	<b>Member Assistance</b>  <b>On Demand</b> Support group for Members in special need. Contact: Sue Bell 680 214 320 Back-up: Maureen Barrett 688 680 645	<b>Petanca</b>  <b>Weekly - Thursdays</b> Scandinavia Park Suspended until further notice. Contact: Ruth Morris 663 562 316	<b>Solo Amigos</b>  <b>At Various times</b> Next Meeting Contact: Jane Goode 636 410 858	<b>Spanish Culture</b>  <b>Bi-monthly (Oct to Apr)</b> <b>2nd Wednesday</b> The Forum, Alfaz del Pi Contact: Elaine Mitchell 96 686 4962
<b>Spanish Language</b>  <b>Weekly - Wednesdays</b> Casa de Cultura, Alfaz Beginners: 1.00-2.15 pm Improvers: 2.30-3.45 pm Classes resume 8 <sup>th</sup> Sept Contact: Joan Flint 96 680 8591	<b>Strollers</b>  <b>Monthly -</b> Suspended in August See full details below. Contact: Andy Graham 602 297 299	<b>Ten-pin Bowling</b>  <b>Monthly -</b> <b>1st Tuesday</b> Suspended until further notice. 7.15 pm for 7.30 pm start La Marina Centre, Finestrat Contact: Martin Greener 684 423 586	<b>Watercolour</b>  <b>Monthly -</b> <b>1st Monday</b> 11.00 am to 1.00 pm. Casa de Cultura, Alfaz Contact: Elaine Mitchell 96 686 4962	<b>Computing &amp; Technology</b>  Computer / smart phone support group. This group will start classes in September. On Tuesday afternoons Register your interest today with <b>Garry Bell</b> .

**Latest Group News. Spanish Language.** Classes recommence on Wednesdays from the 8th September. We will be taking names at the July General Meeting of anyone interested in classes.

## Hombres Martes Cultural.

At the first official gathering of the new HCM group which will always be held on the third Tuesday of each month we met at Corral Restaurant in Albir. We met at 7pm and sat outside in the cool evening breeze on the comfortable terrace. Corral specializes in chicken but also serves steaks, spare ribs, hamburgers and other meats from the grill. Complimented with vegetables, fresh salads. (*Excellent food*)

Wendy our waitress took our orders and very kindly agreed to snap a selfie photo when our food arrived.

We washed down our meal with ice cool beers and we all had smiles on our faces along with empty plates.

Our conversations took us to experiences in our pasts, nautical navigation systems, future plans to go on a fishing trip and a bit about politics and other topics that men talk about among each other. Then after our meal a treat from 'the house', 'chopitos de limonchello', we went on our way at about 21.30.

The U3A Marina Baja welcomes new members of all nationalities, at this gathering we had men from the United Kingdom, Holland, Sweden and Ireland all speaking in the English language.

The next HCM (Hombres Martes Cultural or Men's Cultural Tuesday) will be on the 17th of August. We will meet, again in Albir, at the new Restaurant 'No Mad' in the main street at 19.00. If you are interested to join us, kindly call or Whatsapp: Peter Rissing 687 601 036 and a chair will be reserved for you.



## Committee Members 2021

**Ruth Morris**  
**President / Speaker Co-ordinator**  
Tel: 663 562 316  
email: ruthonroad@yahoo.co.uk

**Elizabeth Potter**  
**Vice President / Charity Co-ordinator**  
Tel: 965 882 572 or 677 698 860  
email: liz.potter@live.com

**Kathleen Bailey**  
**Secretary / Almoner**  
Tel: 965 845 803 or 615 745 366  
email: u3ambsec@gmail.com

**Anne McGrath**  
**Treasurer**  
Tel: 691 048 285  
email: amcg142@gmail.com

**Margaret Hamer**  
**Travel Co-ordinator**  
Tel: 602 293 642  
email: u3amhamer@gmail.com

**Malcolm Hamer**  
**Assistant Travel Co-ordinator**  
Tel: 604 537 275  
email: u3amhamer@gmail.com

**Hazel Layt**  
**Social and Events Co-ordinator**  
Tel: 966 580 702 or 659 018 400  
email: hazellayt@hotmail.com

**Terry Read**  
**Newsletter Editor / Webmaster**  
Tel: 602 682 952  
email: u3aterry@gmail.com

**Garry Bell**  
**Groups Co-ordinator**  
Tel: 680 214 320  
susanandgarrybell@gmail.com

**Pamela Dawson Tasker**  
**Press Officer**  
Tel:  
email: pdawson802t@cv.gva.es

### Group Leaders. (Contact Details)

**Chaps & Chatter or Classical Music.**  
**Geoff Mitchell.** Tel: 966 864 962

**Café Philo.**  
**Kate Ferry.** Tel: 965 845 039

**Crafts.**  
**Hazel Layt.** Tel: 659 018 400

**Guitar Lessons**  
**Peter Ritson.** Tel: 966 875 282

**Members Assistance.**  
**Sue Bell.** Tel: 680 214 320

**Hombres Martes Cultural. HMC**  
**Peter Rissing.** Tel: 687 601 036

**Solo Amigos**  
**Jane Goode.** Tel: 636 410 858

**Spanish Culture.**  
**Elaine Mitchell.** Tel: 966 864 962

**Spanish Language.**  
**Joan Flint.** Tel: 966 808 591

**Strollers.**  
**Andy Graham.** Tel: 602 297 299

**Ten Pin Bowling.**  
**Martin Greener.** Tel: 684 423 586

**Watercolour Group.**  
**Elaine Mitchell.** Tel: 966 864 962