

All U3A General Meetings are cancelled until further notice.

We will keep you informed by email should this situation change.

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Travel.

IBIZA (Seven-day trip)

1st - 7th October 2020.

A 7-day trip to Ibiza staying in San Antonio. Travelling by coach to Denia then we take the ferry to San Antonio with transfer to 3* hotel 'Invisa Espla' with full board and unlimited drinks with lunch & dinner. Cost: double room €329 pp. single room €449 pp a €50 pp deposit will be required, Balance to be paid to LPD Travel in Albir by Friday 14th August.

It is too soon to take more bookings for this trip.

Members will be contacted soon when more information becomes available.

Please keep safe Margaret.

Contact: Margaret or Malcolm Hamer
for bookings. Tel: 602 293 642

Social Distancing



President's Report



Ruth Morris

Hello All.

At least we can now reap the rewards for all the hard work of self-isolation in our area of the Marina Baixa, we can now get out and about a bit more. The whole region of Comunidad Valencia passed into phase 1, as of Monday the 18th May. **An hour's exercise once a day and the ability to drive to visit family and friends is a vast improvement.** Caution though is still needed, I have heard reports that some cafes in Albir/Altea are packed, obviously they are not sticking to the guidelines. Although understandable as we are all feeling the need for more company John and I are still going to avoid the cafes for the near future but at least we can now have friends over.

The weather has certainly improved over the last couple of weeks which makes it more bearable and those of us who have a garden can enjoy the sunshine. **Don't forget the sun tan lotion though.** There is still some confusion as to what we can and cannot do but having spoken to the Town Hall yesterday (Monday) there are no restrictions on the 70+ category, now, originally there were but it has changed. Hopefully we will get to Phase 2 if we all follow social distancing too.

Just looking around my house in the last day or so I have realized that there are still many jobs to do so I can certainly stay busy for another few weeks, but then I will find many more tasks which are deemed to be outstanding.

It is very doubtful that travel to the UK will be allowed in the coming months so why not take the opportunity to research some new destinations in Spain to visit. We are looking to visit Salamanca later perhaps in July, if travel **restrictions in between Regions is allowed, it's a beautiful city** which we have visited briefly many years ago on overnight stays in our motorhome living days. This time we are planning (hopefully) to spend 5 or 6 days visiting the city.

Take care everyone, till next month hasta luego

Watercolours Group

The U3A watercolour group started in January 2011, this was not planned but happened after I donated a painting to the raffle. So, began the group. Since then we have covered subjects light - Light in Watercolour, Mountains, Buildings, Flowers, Water & Reflections, Snow scenes, Texture, Stone & Rock, Spanish Street scenes, Stained Glass effect, Harvest Mice, Still Life, Inspired by various famous artists, waterfalls and lots more. Each month the members receive a handout with the project for that month and there are my originals on display. Some members copy from my samples, some will be more adventurous and within the theme create their own interpretation.



Everyone can achieve something, and I always say that there is no right and no wrong - all art is interpretation and personal. The most important thing is that many of the regulars all say they simply enjoy painting because it is "time out and relaxing" There are currently 15 on the register, with an average attendance of 9. The room at the Casa de Culture would not cope with everyone there every time but we have never ever been in that situation.



Some of you will have seen samples of the work at the twice annual Craft display after the General Meetings. While we are in this crisis the members have received the handout by email.

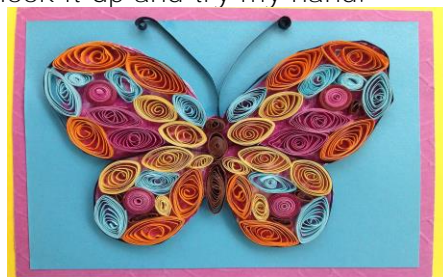
Pictures and Article by Elaine Mitchell

Crafts Group

Every week our Crafts group meet but now due to the current suspension of all group meetings many members are continuing to pursue their activities at home.

In our Craft Class people do their own thing, "**most of the time**".

Several members had mentioned quilling, but I didn't really know what it was so this period of lockdown gave me a chance to look it up and try my hand.



There are always craft magazines that people bring in and there was an article in one of them!! I am an absolute novice with bad eyesight!!



Article and Pictures by Anne Riddel

As mentioned at our last meeting a few months ago next year is the

MARINA BAI XA



15th

Anniversary year

**We are asking for some ideas
to raise funds for a
celebration**

A note from the Editor.

As many of you know I am new to the post of Editor/webmaster since February. Over the past few months, I have been working behind the scenes producing a new website with our web hosting company. I am pleased to say now that the new site is fully operational and has received many welcome comments.

One of the new features will now enable you to enquire about new groups, from the drop-down list of groups available within U3A, you can directly enquire to the group organiser by email about joining or having a taster session.

I have also added a new page titled [NEWSBOARD](#), this page will be updated on weekly basis and will rely on members supplying information that they would like other members to know about. So, if there is anything you want **to publicise or "announce"** keep me informed please. Many more new features will be added in the next few months to develop the site further.

The Newsletter is currently being produced online only and it is difficult to produce good reading content with no activities taking place, should anyone have any material suitable for publication it will be greatly appreciated.

Finally, I would like to thank all the support and encouragement I have received from everyone especially U3A the committee, U3A members, family and friends while I have been finding my way.

As you are all aware Joan Flint our secretary is looking to hand over to a willing member, this year. I know that you can rely on the full support of Joan and all the other committee members for help and guidance. If you have a few hours a week to spare, please volunteer why not give it a try "**I'm glad I did**". *Terry Read Editor.*

LOCKDOWN PHOTOS



Not another Chair



Beetle in Corona



Count the Cats



Padded Washable Breathable



Salud, dinero y amor



Salud, dinero y amor



Your Elephants arrived



Yet another Job

Last month we asked you to send in a photo with a three word caption.

A huge thankyou to everyone for sending in your lockdown photos.

We hope to run another similar feature in a few months time so please keep your photos for next time if you missed this months deadline.



Thats Christmas Done

Lockdown Puzzle June 2020



Following on from the success of last months competition. This month were offering you the chance to win a Hamper of fresh fruit.



WORDSEARCH

Please have a go, you could be this months lucky winner.



E	T	I	S	B	E	W	M	R	U	O	L	O	C	R	E	T	A	W	S
G	N	P	E	T	A	N	C	A	N	F	A	A	H	I	C	H	L	A	E
D	O	T	A	R	T	S	E	N	I	F	N	S	A	P	L	I	B	E	I
I	S	E	T	N	P	O	A	F	V	I	G	O	P	U	A	R	I	T	B
R	S	V	S	S	R	G	S	R	E	C	U	L	S	O	S	D	R	L	B
B	E	I	R	R	E	I	O	I	R	I	A	O	A	R	S	P	E	A	O
A	L	L	E	E	S	M	L	E	S	A	G	Y	N	G	I	I	F	T	H
K	H	H	C	L	I	A	L	N	I	L	E	R	D	P	C	H	I	E	F
E	S	G	I	L	D	C	A	D	T	L	E	A	C	L	A	S	L	N	A
A	I	U	F	O	E	O	C	S	Y	P	L	T	H	E	L	R	A	P	A
X	N	A	F	R	N	F	N	H	R	O	F	E	A	H	M	E	L	I	S
I	A	L	O	T	T	F	L	I	E	L	F	R	T	S	U	B	F	N	O
A	P	N	S	S	A	E	E	P	A	O	A	C	T	R	S	M	A	B	Y
B	S	R	S	Y	I	E	V	D	D	P	R	E	E	E	I	E	Z	O	O
A	S	A	E	A	C	H	A	R	I	T	Y	S	R	T	C	M	D	W	J
N	P	E	R	D	U	P	R	C	A	F	E	P	H	I	L	O	E	L	A
I	R	L	P	N	N	R	T	T	R	E	A	S	U	R	E	R	L	I	L
R	I	S	E	U	A	A	C	T	I	V	I	T	Y	W	A	Y	P	N	L
A	N	E	W	S	L	E	T	T	E	R	S	T	E	E	R	G	I	G	I
M	T	I	M	R	O	D	I	N	E	B	M	E	E	T	I	N	G	N	V

ACTIVITY	CLASSICAL MUSIC	MEMBERSHIP	SECRETARY
ALBIR	COFFEE	MEMORY	SOLO
ALFAZ DEL PI	DEAR	NEWSLETTERS	SPANISH LESSON
ALTEA	FINESTRAT	OFFICIAL	SUNDAY STROLLERS
AMIGOS	FRIENDSHIP	PETANCA	TEN PIN BOWLING
BAKE	GREET	POLOP	THIRD
BENIDORM	HOBBIES	PRESIDENT	TRAVEL
BRIDGE	LA NUCIA	PRESS OFFICER	TREASURER
Café PHILO	LANGUAGE	PRINT	UNIVERSITY
CALLOSA	LEARN LAUGH LIVE	RAFFLE	VILLAJOSYOSA
CHAPS AND CHATTER	LIFE	READ	WATERCOLOUR
CHARITY	MARINA BAIXA	RISE	WEBSITE
CHIEF	MEETING	SEATS	WRITERS HELP GROUP

This months competition is Wordsearch. Hidden in the grid are the 52 words listed above. The words are placed horizontally and vertically but may also be in reverse order. Find all the words some of the letters may be used twice. When completed correctly there will be some unused letters, these letters spell out a familiar place. From left to right working top to bottom. Please send in your result (Familiar place) with your name and membership number by email to u3aterry@gmail.com to enter this months prize draw. Closing date for entries is the 11th June. have a go you have nothing to lose, you could be this months lucky winner. Only one entry per member please.

Due to the continuing effects of Covid 19 and our regular meetings being cancelled the winner of last months Soduko competition will be drawn by a committee member at our next committee meeting. **The winning code was 92298 well done for every correct entry.** The winner will announced in a future newsletter edition. Many thanks to all who took the time to take part.

A poem by Vivienne R Reich

The earth whispered but you did not hear.
The earth spoke but you did not listen.
The earth screamed but you turned her off.

And so, I was born...

I was not born to punish you...
I was born to awaken you...

The earth cried out for help...

Massive flooding. But you didn't listen.
Burning fires. But you didn't listen.
Strong hurricanes. But you didn't listen.
Terrifying Tornadoes. But you didn't listen.

You still don't listen to the earth when
Ocean animals are dying due to pollutants in the waters.
Glaciers melting at an alarming rate.
Severe drought.
You didn't listen to how much negativity the earth is receiving.

Non-stop wars.
Non-stop greed.

You just kept going on with your life...
No matter how much hate there was...
No matter how many killings daily...
It was more important to get that latest iPhone than worry about
what the earth was trying to tell you...

But now I am here

And I've made the world stop on its tracks.
I've made YOU finally listen
I've made you take refuge.
I've made you stop thinking about materialistic things...

Now you are like the earth...
You are only worried about your survival

How does that feel?

I give you fever ... as the fires burn on earth.
I give you respiratory issues ... as pollution fills the earth air.
I give you weakness as the earth weakens every day.

I took away your comforts...
Your outings.
The things you would use to forget about the planet and its pain

And I made the world stop...

And now...
China has better air quality ... Skies are clear blue because factories are
not spewing pollution unto the earth's air.
The water in Venice is clean and dolphins are being seen. Because the
gondola boats that pollute the water are not being used.

YOU are having to take time to reflect on what is important in your life.

Again, I am not here to punish you ... I am here to Awaken you...

When all this is over and I am gone... Please remember these
moments...

Listen to the earth.
Listen to your soul.
Stop Polluting the Earth.
Stop fighting among each other.

Stop caring about materialistic things.
And start loving your neighbours.
Start caring about the earth and all its creatures.
Start believing in a Creator.

Because next time I may come back even stronger...

Signed,
Coronavirus

sent in by Hazel Layt

Lexophile.

Lexophile describes those that have a love for words, such as "You can tune a piano, but you can't tuna fish" or "To write with a broken pencil is pointless." or "I didn't like my beard at first, Then it grew on me."

Other examples are:

"When you get a bladder infection, urine trouble."
"A thief who stole a calendar got twelve months."
"A dentist and a manicurist married. They fought tooth and nail."
"When you've seen one shopping centre you've seen a mall."
"A will is a dead giveaway."
"A bicycle can't stand alone. It's just two tired."
"He had a photographic memory, but it was never fully developed."
"When she saw her first strands of grey hair, she thought she'd dye."
"Acupuncture is a jab well done. That's the point of it."
"If you jump off a Paris bridge, you are in Seine."

**Can you think of any more like these?
Put your thinking caps on members.**

Send them into me and I will publish
next month all your Lexophiles.

**DON'T FORGET TO ENTER THIS
MONTHS COMPETITION.**

WORDSEARCH

All you word lovers

Group Activities A - Z

3C's Chaps Chatter & Coffee



Weekly - Thursdays
Saints & Sinners,
Albir 10.30 am

Contact: Geoff Mitchell
96 686 4962

Bridge - Intermediate



Weekly - Tuesdays

Hogar del Pensionista
Albir
4.00 pm - 6.00 pm
Contact: Ann Yerasosian
96 588 8414

Café Philo



Monthly -

10.00 am to 11.30 am
The Forum, Alfaz del Pi
Contact: Kate Ferry
96 584 5039

Classical Music



Monthly - (Oct to Apr)
2nd Wednesday

10.30 am to 12.30 pm
Geoff Mitchell's home, Albir
Contact: Geoff Mitchell
96 686 4962

Crafts



Weekly - Thursdays

Albir Social Centre
12.30 pm - 3.00 pm
Contact: Hazel Layt
96 689 5306

Guitar Lessons



Weekly - Wednesdays
Next Door to Isa Rastro,
N-332, Albir
4.00 pm
Contact: Peter Ritson
96 687 5282

Member Assistance



On Demand
Support group for
Members in special need.
Contact: Sue Bell
680 214 320
Backup: Maureen Barrett
688 680 645

Petanca



Weekly - Thursdays
Scandinavia Park
Alfaz del Pi
6.30 pm
Contact: Colin Wilson
684 424 588

Solo Amigos



At Various times
Next Meeting TBA

[See full details below.](#)
Contact: Liz Blanchard
96 687 7364

Spanish Culture



Bi-monthly (Oct to Apr)
2nd Wednesday

2.30 pm
The Forum, Alfaz del Pi
Contact: Elaine Mitchell
96 686 4962

Spanish Language



Weekly - Wednesdays
Casa de Cultura, Alfaz
Beginners: 1.00 pm
Improvers: 2.00 pm
Improvers: 3.00 pm
Contact: Joan Flint
96 680 8591

Sunday Strollers



Monthly -
Sunday

[See full details below.](#)
Contact: Colin Wilson
684 424 588

Ten-pin Bowling



Monthly -
1st Tuesday

7.15 pm for 7.30 pm start
La Marina Centre, Finestrat
Contact: Martin Greener
684 423 586

Watercolour



Monthly -
1st Monday

11.00 am to 1.00 pm
Casa de Cultura, Alfaz
Contact: Elaine Mitchell
96 686 4962

Writers' Help Group



Monthly -

11.00 am
Roy Gough's Home, Albir
Contact: Roy Gough
605 395 211

Latest Group News

All Group activities have been suspended due to the COVID19 Pandemic.



Some more Funnies

Stewart and his wife Barbara go to the county fair every year, and every year Stewart would say, "Barbara, I'd like to ride in that helicopter"

Barbara always replied, "I know Stewart, but that helicopter ride is seventy quid, and seventy quid is seventy quid!"

One year later Stewart and Barbara went to the fair, and Stewart said, "Barbara, I'm 75 years old. If I don't ride that helicopter, I might never get another chance"

To this, Barbara replied, "Stewart, that helicopter ride is seventy quid, and seventy quid is seventy quid"

The pilot overheard the couple and said, "Folks I'll make you a deal. I'll take the both of you for a ride. If you can stay quiet for the entire ride and don't say a word, I won't charge you a penny! But if you say one word it's seventy quid. "

Stewart and Barbara agreed and up they went. The pilot did all kinds of fancy manoeuvres, but not a word was heard.

He did his daredevil tricks over and over again, But still not a word...

When they landed, the pilot turned to Stewart and said, "By golly, I did everything I could to get you to yell out, but you didn't. I'm impressed!"

Stewart replied, "Well, to tell you the truth I almost said something when Barbara fell out, but you know, seventy quid is seventy quid!"

Bees & Golf.

*A young woman had been taking golf lessons. *

*She had just started playing her first round of golf when she suffered a bee sting. *

Her pain was so intense that she decided to return to the clubhouse for help and to complain.

*Her golf pro Graham saw her come into the clubhouse and asked, 'Why are you back in so early? *

*What's wrong?'

'I was stung by a bee', she said.

'Where?', he asked.

'Between the first and second hole', she replied.

He nodded knowingly and said, 'Then your feet were too far apart.

Provided by Arthur Croasdell

Charity.



Even though no meetings are taking place, you can all help by saving your old plastic bottle tops for local causes in Alfaz Del Pi, every little helps



Keeping Up-To-Date

Don't forget that you can view this newsletter and keep up to date with the latest Association news and activities by checking our website:

www.u3amarinabaixa.com

We are also available on Facebook and you can find us by searching for:

U3A Marina Baixa

Please view the full online digital version of the newsletter for all Group Leaders contact details.

keep sending in your articles and contributions towards next month's newsletter.



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Next Meeting

All meetings are suspended until further notice we will keep you informed if this situation changes.

Membership and Fees.

Annual membership for new and renewing members is €10 a year.